Participant Name(s)
Parent / Guardian Names and Phone \#s - $\qquad$ , $\qquad$
$\qquad$
$\qquad$

Family Doctor $\qquad$
Doctor Phone $\qquad$
Preferred local hospital $\qquad$

Alternate Contact Person if Parent/Guardian Unavailable $\qquad$
Phone Number(s)

Describe any pertinent medical conditions (e.g. allergies) about the participant(s)

I, the undersigned parent/guardian, do hereby agree to assume all the risks and responsibilities surrounding and pertaining to my child's participation on the Sovereign Grace Cross Country and Track Team ("Team"). This includes the risk of contracting a virus while gathering in a group. I agree to defend, hold harmless, indemnify, release and forever discharge the Team organization, and all its coaches and other workers from and against any and all claims, demands and actions, or causes of action, on account of damage to personal property, personal injury, or death which may result from my child's participation on said Team which results from causes beyond the control of, and without the fault or negligence of, Team organization, its coaches and other workers, during the period of my child's participation on the Team.

FURTHER, I hereby grant permission to the Team coaches the right to seek and/or administer appropriate medical aid to my child in the event of an emergency.

